**Patient Name:** MARTINEZ, ENRIQUETA

**Date of Birth:** 07/15/1974

**Date of Service:** 11/22/2021

**History of Present Illness:**  
This is a 47 year-old right hand dominant female who was involved in a slip and fall accident on 02/14/2021. Patient states that she was a pedestrian when she was struck on right side and fell on left side of the body. The EMS team arrived on scene and evaluated. Patient injured Left Knee in the accident. The patient is here today for orthopedic evaluation. Patient has tried 1 month of PT.

The patient complains of left knee pain that is rated at 5/10, with 10 being the worst, which is throbbing in nature. The patient states that pain increases with going upstairs and improves with rest. Patient had left knee intraarticular injection done in October, which helped to relieve pain.

**Past Medical History:**  
Noncontributory

**Past Surgical History:**  
Noncontributory

**Past Accident/Injuries:**

**Daily Medications:**  
None

**Allergies:**  
No known drug allergies

**Social History:**  
Noncontributory.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 5 feet 1 inch tall, weighs 196 pounds   
**General Appearance:** Patient is a well-developed, well-nourished female in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Left Knee:**  
Examination of the knee revealed tenderness on palpation at medial joint line. Range of motion Flexion 125 degrees(150 degrees normal ) Extension 0 degrees(0 degrees normal ).

**Diagnostic Imaging:**  
None reviewed.

**Assessment and Plan:**  
Diagnosis: 1. Meniscus tear, bursitis, synovitis of the left knee.   
Recommend left knee arthroscopy. The patient is vaccinated.

The patient’s Left Knee was examined   
Patient is to return to the office in 2 months.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**